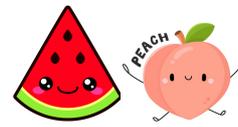




# FRUITALICIOUS

## FRUITS OF THE SPIRIT



## OVERVIEW

This program entitled 'Fruitalicious' is all about choosing to be led by the Holy Spirit. When we choose to be led by the Holy Spirit, we live our life according to the ways of Jesus. The Holy Spirit helps us to follow Jesus by writing God's law on our hearts and reminding us to follow His ways. The Fruits of the Spirit are first shown to us by God. The more time we spend with Him, the more the Holy Spirit will help us to grow these God-fruits in our lives! In this program, we want kids to know what the fruits of the Spirit are and how the Holy Spirit empowers them to grow them in their lives. **The Holy Spirit gives us the power to follow Jesus' example and grow God-fruits in our lives!**

**Memory Verse:** "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." Galatians 5:22-23

**Repeated Phrase:** The Holy Spirit gives us the power to follow Jesus' example and grow God-fruits in our lives!

## THE PROGRAM PLAN

- **Week One: Walk by the Spirit**

Key Point: The Holy Spirit prompts us to follow Jesus.

- **Week Two: Love God, Love People**

Key Point: Love like Jesus, unconditionally.

- **Week Three: The Joy of the Lord**

Key Point: Joy from God comes even when it's tough.

- **Week Four: Peace over fear**

Key Point: God has not given you a Spirit of fear!

- **Week Five: Blessed are the Peacemakers**

Key Point: We are peacemakers, not peace takers!

- **Week Six: The Waiting Game**

Key Point: Patience trusts that God will do what He says.

- **Week Seven: Kindness, Always**

Key Point: Kindness, when it's hard, brings people to God.

- **Week Eight: Goodness is gracious!**

Key Point: Goodness is showing integrity and being gracious.

- **Week Nine: Faithful to God, No Matter What**

Key Point: We unwaveringly have faith in God!

- **Week Ten: Be a Faithful Friend**

Key Point: Faithful people can be relied upon.

- **Week Eleven: No bulls in the china shop! (Gentleness)**

Key Point: Gentleness treats people and situations with care.

- **Week Twelve: Control yourself!**

Key Point: Self-control is mastering feelings with a clear head.

## THE PROGRAM ELEMENTS

- **Screens:** We have theme screens, memory verse screens, and blank screens for you to put your own text over!
- **Behaviour Code:** This involves sharing three rules with the kids **weekly**. We encourage you to mix up how you encourage good behaviour: with stickers, listening prizes, certificates, star charts, team challenges, you name it!
- **Repeated Phrase:** Our repeated phrase helps the kids engage with the greater message of the term long program. Use it to frame the program for the kids, before unpacking the weeks' specific key point.
- **Game:** These are designed to create a fun service and encourage friendships, be sure to bring the resources!
- **Memory Verse:** This is a verse to repeat every week; have the kids repeat it in fun ways to keep them engaged!
- **Offering:** These prompt a few ideas of offering messages to bring to kids and encourage them in their giving.
- **Video:** These are fun concept starters for visual + auditory learners, to set-up the message in an engaging way.
- **Preach Outline:** Our preach outlines include a key point and two supporting points based on a biblical topic.
- **Illustration Idea:** These are ideas to compliment the preach outline and help kids apply the topic to their world.
- **Connect Group Q's:** These are designed to help kids verbally process the topic in five comprehension questions.
- **Extra Resources:** Take a look at some great external resources we have found for music, motion loops [here](#).

## SUGGESTED RUNSHEET

- Check-in opens // kids free play (15 minutes pre-service)
- Service begins - structured game with kids (8 minutes)
- Praise & Worship (10 minutes)
- Pray (2 minutes)
- Welcome // behaviour code (3 minutes)
- Intro this week's topic & memory verse (4 minutes)
- Offering (2 minutes)
- Watch the video (4 minutes)
- Preach (9 minutes)
- Response time (prayer / altar call) (2 minutes)
- Connect groups (15 minutes)
- Good behaviour prizes, finishing game / farewell (6 minutes)

## HOW TO PREPARE

**Here are some tips on how to prepare for the service!**

1. Allocate roles in advance and send the content to your team. A good combo for a 2 person primary team is to have one team member be the 'host' running the game, introducing the repeated phrase and memory verse, communicating the behaviour code and facilitating the offering moment. The second leader can bring the word, pray with the kids and both can run connect groups.
2. Resource Prep: Ensure all materials and resources are available, particularly for the game which may need some preparation.
3. Illustration Prep: Consider the illustration idea and what materials you may need to source from home if opting to use.