



WEEK ONE PREACH: WALK BY THE SPIRIT

Prepare your preach by reading the passages listed, praying, and then thinking of a creative way to hit the points. Take a look at the [program overview](#) for context. You can use the illustration idea or come up with your own creative idea. Make sure you hit the key point and only read a few scriptures verbatim to the kids. At the end, have a 'ministry moment' where you give an opportunity for kids to receive Jesus and pray for the kids around the topic.

For further support, see our [Preach Guide](#).

Scriptures: Galatians 5:16-17 NLT, Galatians 5: 22-23, John 14:26, 15:4-5 & 16:13, Mark 12:30-31.

Key Point: **The Holy Spirit prompts us to follow Jesus.**

Next Step outcome: Kids ask Holy Spirit's help to make good choices.

KEY POINT

The Holy Spirit prompts us to follow Jesus.

Have you ever known what the right thing to do is but found it super super hard to do? When Jesus returned to heaven, He promised to send a helper to us who would help us to follow Him. This helper is the Holy Spirit. The Holy Spirit helps us by reminding us of exactly all Jesus taught us to do and how Jesus taught us to live; loving God and loving one another (John 14:26, Mark 12:30-31). The Holy Spirit also helps us by guiding us to the truth when we don't know what to do or what is to come and we need God's help to show us how to face a situation, His way (John 16:13).

SUPPORTING POINTS

Be led by the Holy Spirit

When the Holy Spirit guides you it's like a little prompt in our head. We can choose to listen to that prompt or ignore it. When we listen, we are letting the Holy Spirit lead us. In order to sense the Holy Spirit prompting us - we need to spend time with God. The bible says that if we let the Holy Spirit guide our lives, then we won't do what our sinful nature wants (Galatians 5:16 NLT)! So how can we let the Holy Spirit guide our lives? Spend time with God and when you are prompted to make good choices, do it!

The more time you spend with God, the easier it is to make good choices.

Jesus says 'if you remain in me, you WILL bear much fruit!' (John 15:4-5). In other words, the more time you spend with God - the more like Him you will become (Galatians, 5:16, 22-23). The bible tells us that we are always in a battle between the desire to do wrong and the desire to live life God's way (Galatians 5:17 NLT). So how do we overcome the temptation to make poor choices? The more time we spend with God, the easier it is for us to say 'no' to those desires. And if we're finding it hard, we can pray and the Holy Spirit will help us have the power to make the good choice we're finding it hard to choose.

ILLUSTRATION IDEAS

- Have you ever come home from spending time with a friend and your behaviour is a little bit off? Your parents say 'if you behave like this when you come back from hanging out with _____ then maybe you can't hang out with them anymore!' Why do they say that? Because they think their bad behaviour has 'rubbed off' on you. When we spend time with God, his good nature 'rubs off' on us.
- Draw a large picture of an apple in led pencil/chalk marker and label it as 'Fruit of the Spirit'. Ask the kids to identify 'good fruit' and write the words inside the apple. Explain that the more time we spend with God - the more His nature will rub off on us and defeat our sinful nature that tempts us to do wrong. We are like a rubber/wet wipe - when we spend time with the Holy Spirit - His good nature will rub off on us, helping us to make good choices (rub out the fruit and show the dirty rubber/cloth).
- [Use this clip](#) as a funny image of choosing which 'voice' to listen to - Holy Spirit or our sin nature!